

Breakfast

Dec-25

Substitutions may be used as necessary.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Biscuits w/ Cheddar Cheese Slice Pear Halves © Milk	Frosted Mini Wheats Applesauce © Milk	WGR French Toast Pineapple Tidbits © Milk	WGR Pancakes Apricot Halves © Milk	Scrambled Eggs Diced Peaches © Tortilla Milk	
7	8	9	10	11	12	13
	WGR Life Cereal Diced Peaches © Milk	Banana Bread Pineapple Tidbits© WG Sliced Bread Milk	WGR Honey Nut Cheerios Applesauce Milk	Biscuits w/ham Fruit Cocktail © Milk	WGR Waffles Pear Halves © Milk	
14	15	16	17	18	19	20
	WGR Pancakes Apricot Halves © Milk	French Toast Sticks Bannanas & Berries© Milk	WGR Toasted Oats Fresh Strawberries Milk	Scrambled Eggs w/bis Applesauce © Tortilla Milk	WGR Bagel w/cream cheese Pear Halves © Milk	
21	22	23	24	25	26	27
	WGR Honey Nut Cheerios Peach Halves Milk	Biscuit w/butter Scrambled Eggs Apricot Halves © Milk	French Toast Pineapple Tidbits © Milk	WGR Pancakes Fruit Cocktail © Milk	WGR Bagel w/sausage patty Diced Pears © Milk	
28	29	30	31			
	WGR French Toast Pear Halves © Milk	WGR Corn Flakes Diced Pineapple © Milk	WGR Pancakes Apricot Halves © Milk			

Lunch

Dec-25

Substitutions may be used as necessary.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	WGR Baked Parm Chicken Broccoli Cuts (A) Applesauce WG Sliced Bread Milk	Bar B Que Pork Baked French Fries Peach Halves © Hamburger Bun Milk	Cheese Burger Mx. Vegetables (A) Orange Sections © Hamburger Buns Milk	WGR Spagetti w/ meat sauce Cut Green Beans (A) Fruit Cocktail WG Sliced Bread Milk	Beanie Weenies Corn Cuts Diced Pineapples © WG Sliced Bread Milk	
7	8	9	10	11	12	13
	WGR Salisbury Steak Green Beans (A) Apricot Halves © WG Sliced Bread Milk	WGR Chicken Patties Peas & Carrots (A) Mixed Berries © WG Sliced Bread Milk	Hot Dogs w/cheese Baked Beans Orange Slices © Hot Dog Bun Milk	Beef Tacos Lettuce & Tomato Salad Applesauce Flour Tortilla Milk	WGR Pepperoni Pizza (CN) Mx. Vegetables (A) Pear Halves © WG Sliced Bread Milk	
14	15	16	17	18	19	20
	Fish Fillet (CN) Mashed Potatoes Bananas Milk	WGR Grilled Ham/Cheese Broccoli (A) Pineapple Cuts © WG Sliced Bread Milk	WGR Chicken Alfredo Garden Salad Applesauce © WG Sliced Bread Milk	Bean & Cheese Taco Corn Orange Slices © Flour Tortilla Milk	WGR Chicken Quesadilla Mx. Vegetables (A) Diced Peaches © WG Sliced Bread Milk	
21	22	23	24	25	26	27
	Soft Chicken Taco Garden Salad Pear Halves © Flour Tortilla Milk	WGR Baked Parmesan Chicken Mx. Vegetables (A) Mx. Fruit © WG Sliced Bread Milk	Bean & Cheese Taco Lettuce & Tomato Mixed Berries © Flour Tortilla Milk	WGR Salisbury Steak Mashed Potatoes Apricot Halves © WG Sliced Bread Milk	WGR Chicken Nuggets Cut Green Beans (A) Orange Sections © WG Sliced Bread Milk	
28	29	30	31			
	Bar B Que Pork Sandwich Peas/Carrots (A) Pears Hamburger buns Milk	Cheeseburgers Broccoli (A) Banana/Strawberry © Hamburger Bun Milk	Hot Dogs w/cheese Corn Fresh Apple Slices © Hot Dog Bun Milk			

Snack

Dec-25

Substitutions may be used as necessary.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
**Trail Mix: Marshmallows Pretzels Chex rice, wheat and Corn Cereal Raisins	WGR WGR Blueberry Muffin Fruit Cocktail © Water	WGR Mini Bagels w/ Cream Cheese Diced Peaches© Water	Ritz Crackers Apricot Halves © Water	Carrot Sticks (A) w/ Ranch Dressing Diced Pears © Water	Goldfish crackers Diced Pineapple © Water	
7	8	9	10	11	12	13
	Breadsticks w/ Marinara Sauce Fruit Cocktail © Water	Yogurt w/fruit Mixed Berries © Water	Graham Crackers Apricot Halves © Water	WGR WGR Waffles Diced Pears © Water	WGR WGR Sun chips Cheddar Cheese WW Toast Water	
14	15	16	17	18	19	20
	Cinnamon Raisin Bread Applesauce © Water	WGR Trail Mix ** Diced Peaches© Water	WGR Ritz Crackers Pineapple Tidbits© Water	WGR WG Banana Muffins Pear Halves Water	Sun Chips 100% Fruit Punch Water	
21	22	23	24	25	26	27
	Carrot Sticks w/ranch 100% fruit Punch Water	WGR Goldfish Crackers Fruit Cocktail © Water	Cinnamon Raisin Bread Applesauce © Water	Yogurt w/fruit Mixed Berries © Water	WGR Breadsticks w/ Marinara Sauce Pineapple Tidbits © Water	
28	29	30	31			
	WGR Mini Bagels /cream Apricot Halves © Water	WGR Goldfish Crackers Diced Pears © Water	Jerky (CN) Saltine Crackers Diced Peaches Water			

Dinner

Dec-25

Substitutions may be used as necessary.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	WGR Ham & Swiss Sandwich Green Beans (A) Orange Sections © WG Sliced Bread Milk	WGR Baked Parm Chicken Broccoli Cuts (A) Applesauce © WG Sliced Bread Milk	Bar B Q Pork sand Baked French Fries Peach Halves © Hamburger bun Milk	Cheese Burger Mx. Vegetables Pear Halves © Hamburger Bun Milk	WGR Spaghetti w/ meat sauce Green Beans Tropical Fruit Salad © WG Sliced Bread Milk	
7	8	9	10	11	12	13
	Beanie Weenies Corn Cuts Diced Pineapple © WG Sliced Bread Milk	WGR Salisbury Steak (CN) Green Beans (A) Apricot Halves © WG Sliced Bread Milk	WG Chicken Patties Peas & Carrots (A) Mixed Berries © WG Sliced Bread Milk	Hot Dog w/Cheese Baked Beans Orange Sections © Hot Dog Bun Milk	Beef Tacos Lettuce & Tomato (A) Applesauce © Flour Tortilla Milk	
14	15	16	17	18	19	20
	WG Pepperoni Pizza Mx. Vegetables (A) Pear Halves © WG Sliced Bread Milk	Fish Fillet Mashed Potatoes Bananas WG Sliced Bread Milk	WG Grilled Ham & Cheese Broccoli (A) Pineapple Cuts © WG Sliced Bread Milk	WG Chicken Alfredo Green Salad w/carrots Applesauce © WG Sliced Bread Milk	Bean & Cheese Tacos Corn Orange Slices © Flour Tortilla Milk	
21	22	23	24	25	26	27
	Chicken Quesadilla Mx. Vegetables (A) Diced Peaches © WG Sliced Bread Milk	Soft Chickien Taco Garden Salad Pear Halves © Flour Tortilla Milk	WG Baked Parm Chicken Mx. Vegetables (A) Mx. Fruit © WG Sliced Bread Milk	Bean & Cheese Taco Lettuce & Tomato Mixed Berries © Flour Tortilla Milk	WG Salisbury Steak (CN) Mashed Potatoes Apricot Halves © WG Sliced Bread Milk	
28	29	30	31			
	WGR Chicken Nuggets (CN) Green Beans (A) Orange Sections © WG Sliced Bread Milk	Bar B Que Pork Sand Peas & Carrots (A) Pear Halves © Hamburger bun Milk	Cheeseburger Broccoli Cuts (A) Banana/Straw Hamburger Bun Milk			