

May-26

Breakfast 6-11 months

Note: Substitutions may be used as necessary; cereal must be used to replace the meat component for infants that cannot eat baby food

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Enfamil Gentlease	
					Oatmeal Cereal	
					Apples	
3	4	5	6	7	8	9
	Enfamil Gentlease	Enfamil Gentlease	Enfamil Gentlease	Enfamil Gentlease	Enfamil Gentlease	
	Rice Cereal	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal	Rice Cereal	
	Bananas	Peaches	Pears	Prunes	Apples	
10	11	12	13	14	15	16
	Enfamil Gentlease	Enfamil Gentlease	Enfamil Gentlease	Enfamil Gentlease	Enfamil Gentlease	
	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal	
	Bananas	Peaches	Pears	Prunes	Apples	
17	18	19	20	21	22	23
	Enfamil Gentlease	Enfamil Gentlease	Enfamil Gentlease	Enfamil Gentlease	Enfamil Gentlease	
	Rice Cereal	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal	Rice Cereal	
	Bananas	Peaches	Pears	Prunes	Apples	
24	25	26	27	28	29	30
	Enfamil Gentlease	Enfamil Gentlease	Enfamil Gentlease	Enfamil Gentlease	Enfamil Gentlease	
	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal	
	Bananas	Peaches	Peaches	Pears	Prunes	

May-26

Lunch 6-11 Months

Note: Substitutions may be used as necessary; cereal must be used to replace the meat component for infants that cannot eat baby food

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Enfamil Gentlease Chicken w/gravy Squash	
3	4	5	6	7	8	9
	Enfamil Gentlease Beef w/ gravy Sweet Potatoes	Enfamil Gentlease Turkey w/ gravy Green Beans	Enfamil Gentlease Beef w/ gravy Carrots	Enfamil Gentlease Chicken w/gravy Peas	Enfamil Gentlease Turkey w/ gravy Squash	
10	11	12	13	14	15	16
	Enfamil Gentlease Turkey w/ gravy Sweet Potatoes	Enfamil Gentlease Beef w/ gravy Green Beans	Enfamil Gentlease Chicken w/gravy Carrots	Enfamil Gentlease Beef w/ gravy Peas	Enfamil Gentlease Turkey w/ gravy Squash	
17	18	19	20	21	22	23
	Enfamil Gentlease Turkey w/ gravy Sweet Potatoes	Enfamil Gentlease Chicken w/gravy Green Beans	Enfamil Gentlease Beef w/ gravy Carrots	Enfamil Gentlease Turkey w/ gravy Peas	Enfamil Gentlease Chicken w/ gravy Squash	
24	25	26	27	28	29	30
	Enfamil Gentlease Chicken w/gravy Sweet Potatoes	Enfamil Gentlease Beef w/ gravy Green Beans	Enfamil Gentlease Turkey w/ gravy Peas	Enfamil Gentlease Chicken w/ gravy Squash	Enfamil Gentlease Beef w/ gravy Sweet Potatoes	

May-26

Snack 6-11 months

Note: Substitutions may be used as necessary; cereal must be used to replace the meat component for infants that cannot eat baby food

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Enfamil Gentlease Arrowroot Biscuits Rice Cereal Pears	
3	4	5	6	7	8	9
	Enfamil Gentlease Saltine Crackers Oatmeal Cereal Apples	Enfamil Gentlease Honey Nut Cheerios Rice Cereal Prunes	Enfamil Gentlease Biter Biscuits Oatmeal Cereal Bananas	Enfamil Gentlease Goldfish Crackers Rice Cereal Peaches	Enfamil Gentlease Frosted Mini Wheats Oatmeal Pears	
10	11	12	13	14	15	16
	Enfamil Gentlease Goldfish Crackers Rice Cereal Apples	Enfamil Gentlease Honey Nut Cheerios Oatmeal Cereal Prunes	Enfamil Gentlease Biter Biscuits Rice Cereal Bananas	Enfamil Gentlease Ritz Crackers Oatmeal Cereal Peaches	Enfamil Gentlease Arrowroot Biscuits Rice Cereal Pears	
17	18	19	20	21	22	23
	Enfamil Gentlease Teething Wafers Oatmeal Cereal Apples	Enfamil Gentlease Saltine Crackers Rice Cereal Prunes	Enfamil Gentlease Biter Biscuits Oatmeal Cereal Bananas	Enfamil Gentlease Goldfish Crackers Rice Cereal Peaches	Enfamil Gentlease Honey Nut Cheerios Oatmeal Cereal Pears	
24	25	26	27	28	29	30
	Enfamil Gentlease Frosted Mini Wheats Rice Cereal Apples	Enfamil Gentlease Goldfish Crackers Oatmeal Cereal Prunes	Enfamil Gentlease Biter Biscuits Oatmeal Cereal Bananas	Enfamil Gentlease Arrowroot Crackers Rice Cereal Peaches	Enfamil Gentlease Saltine Crackers Oatmeal Cereal Pears	

May-26

Dinner 6-11 months

Note: Substitutions may be used as necessary; cereal must be used to replace the meat component for infants that cannot eat baby food

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Enfamil Gentlease Beef w/ gravy Green Beans	
3	4	5	6	7	8	9
	Enfamil Gentlease Turkey w/gravy Carrots	Enfamil Gentlease Beef w/ gravy Peas	Enfamil Gentlease Chicken w/gravy Squash	Enfamil Gentlease Beef w/ gravy Sweet Potatoes	Enfamil Gentlease Turkey w/gravy Green Beans	
10	11	12	13	14	15	16
	Enfamil Gentlease Beef w/ gravy Carrots	Enfamil Gentlease Chicken w/gravy Peas	Enfamil Gentlease Beef w/ gravy Squash	Enfamil Gentlease Turkey w/gravy Sweet Potatoes	Enfamil Gentlease Chicken w/ gravy Green Beans	
17	18	19	20	21	22	23
	Enfamil Gentlease Chicken w/gravy Carrots	Enfamil Gentlease Beef w/ gravy Peas	Enfamil Gentlease Turkey w/gravy Squash	Enfamil Gentlease Beef w/ gravy Sweet Potatoes	Enfamil Gentlease Chicken w/gravy Green Beans	
24	25	26	27	28	29	30
	Enfamil Gentlease Beef w/ gravy Carrots	Enfamil Gentlease Turkey w/gravy Peas	Enfamil Gentlease Beef w/ gravy Sweet Potatoes	Enfamil Gentlease Chicken w/gravy Green Beans	Enfamil Gentlease Chicken w/gravy Carrots	