

Jun-26

## Breakfast 6-11 months

Note: Substitutions may be used as necessary; cereal must be used to replace the meat component for infants that cannot eat baby food

| Sunday | Monday                                         | Tuesday                                        | Wednesday                                    | Thursday                                      | Friday                                        | Saturday |
|--------|------------------------------------------------|------------------------------------------------|----------------------------------------------|-----------------------------------------------|-----------------------------------------------|----------|
|        | 1                                              | 2                                              | 3                                            | 4                                             | 5                                             | 6        |
|        | Enfamil Gentlease<br>Oatmeal Cereal<br>Bananas | Enfamil Gentlease<br>Rice Cereal<br>Peaches    | Enfamil Gentlease<br>Oatmeal Cereal<br>Pears | Enfamil Gentlease<br>Rice Cereal<br>Prunes    | Enfamil Gentlease<br>Oatmeal Cereal<br>Apples |          |
| 7      | 8                                              | 9                                              | 10                                           | 11                                            | 12                                            | 13       |
|        | Enfamil Gentlease<br>Rice Cereal<br>Bananas    | Enfamil Gentlease<br>Oatmeal Cereal<br>Peaches | Enfamil Gentlease<br>Rice Cereal<br>Pears    | Enfamil Gentlease<br>Oatmeal Cereal<br>Prunes | Enfamil Gentlease<br>Rice Cereal<br>Apples    |          |
| 14     | 15                                             | 16                                             | 17                                           | 18                                            | 19                                            | 20       |
|        | Enfamil Gentlease<br>Oatmeal Cereal<br>Bananas | Enfamil Gentlease<br>Rice Cereal<br>Peaches    | Enfamil Gentlease<br>Oatmeal Cereal<br>Pears | Enfamil Gentlease<br>Rice Cereal<br>Prunes    | Enfamil Gentlease<br>Oatmeal Cereal<br>Apples |          |
| 21     | 22                                             | 23                                             | 24                                           | 25                                            | 26                                            | 27       |
|        | Enfamil Gentlease<br>Rice Cereal<br>Bananas    | Enfamil Gentlease<br>Oatmeal Cereal<br>Peaches | Enfamil Gentlease<br>Rice Cereal<br>Pears    | Christmas Holidays                            | Christmas Holidays                            |          |
| 28     | 29                                             | 30                                             |                                              |                                               |                                               |          |
|        | Enfamil Gentlease<br>Oatmeal Cereal<br>Bananas | Enfamil Gentlease<br>Rice Cereal<br>Peaches    |                                              |                                               |                                               |          |

Jun-26

## Lunch 6-11 Months

Note: Substitutions may be used as necessary; cereal must be used to replace the meat component for infants that cannot eat baby food

| Sunday | Monday                                                 | Tuesday                                             | Wednesday                                       | Thursday                                     | Friday                                         | Saturday |
|--------|--------------------------------------------------------|-----------------------------------------------------|-------------------------------------------------|----------------------------------------------|------------------------------------------------|----------|
|        | 1                                                      | 2                                                   | 3                                               | 4                                            | 5                                              | 6        |
|        | Enfamil Gentlease<br>Chicken w/gravy<br>Sweet Potatoes | Enfamil Gentlease<br>Beef w/ gravy<br>Green Beans   | Enfamil Gentlease<br>Turkey w/ gravy<br>Carrots | Enfamil Gentlease<br>Beef w/ gravy<br>Peas   | Enfamil Gentlease<br>Chicken w/gravy<br>Squash |          |
| 7      | 8                                                      | 9                                                   | 10                                              | 11                                           | 12                                             | 13       |
|        | Enfamil Gentlease<br>Beef w/ gravy<br>Sweet Potatoes   | Enfamil Gentlease<br>Turkey w/ gravy<br>Green Beans | Enfamil Gentlease<br>Beef w/ gravy<br>Carrots   | Enfamil Gentlease<br>Chicken w/gravy<br>Peas | Enfamil Gentlease<br>Turkey w/ gravy<br>Squash |          |
| 14     | 15                                                     | 16                                                  | 17                                              | 18                                           | 19                                             | 20       |
|        | Enfamil Gentlease<br>Turkey w/ gravy<br>Sweet Potatoes | Enfamil Gentlease<br>Beef w/ gravy<br>Green Beans   | Enfamil Gentlease<br>Chicken w/gravy<br>Carrots | Enfamil Gentlease<br>Beef w/ gravy<br>Peas   | Enfamil Gentlease<br>Turkey w/ gravy<br>Squash |          |
| 21     | 22                                                     | 23                                                  | 24                                              | 25                                           | 26                                             | 27       |
|        | Enfamil Gentlease<br>Turkey w/ gravy<br>Sweet Potatoes | Enfamil Gentlease<br>Chicken w/gravy<br>Green Beans | Enfamil Gentlease<br>Beef w/ gravy<br>Carrots   | Christmas Holidays                           | Christmas Holidays                             |          |
| 28     | 29                                                     | 30                                                  |                                                 |                                              |                                                |          |
|        | Enfamil Gentlease<br>Chicken w/gravy<br>Sweet Potatoes | Enfamil Gentlease<br>Beef w/ gravy<br>Green Beans   |                                                 |                                              |                                                |          |

Jun-26

## Snack 6-11 months

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| Sunday | Monday                                                            | Tuesday                                                              | Wednesday                                                        | Thursday                                                             | Friday                                                          | Saturday |
|--------|-------------------------------------------------------------------|----------------------------------------------------------------------|------------------------------------------------------------------|----------------------------------------------------------------------|-----------------------------------------------------------------|----------|
|        | 1                                                                 | 2                                                                    | 3                                                                | 4                                                                    | 5                                                               | 6        |
|        | Enfamil Gentlease<br>Goldfish Crackers<br>Rice Cereal<br>Apples   | Enfamil Gentlease<br>Frosted Mini Wheats<br>Oatmeal Cereal<br>Prunes | Enfamil Gentlease<br>Biter Biscuits<br>Rice Cereal<br>Bananas    | Enfamil Gentlease<br>Honey Nut Cheerios<br>Oatmeal Cereal<br>Peaches | Enfamil Gentlease<br>Arrowroot Biscuits<br>Rice Cereal<br>Pears |          |
| 7      | 8                                                                 | 9                                                                    | 10                                                               | 11                                                                   | 12                                                              | 13       |
|        | Enfamil Gentlease<br>Saltine Crackers<br>Oatmeal Cereal<br>Apples | Enfamil Gentlease<br>Honey Nut Cheerios<br>Rice Cereal<br>Prunes     | Enfamil Gentlease<br>Biter Biscuits<br>Oatmeal Cereal<br>Bananas | Enfamil Gentlease<br>Goldfish Crackers<br>Rice Cereal<br>Peaches     | Enfamil Gentlease<br>Frosted Mini Wheats<br>Oatmeal<br>Pears    |          |
| 14     | 15                                                                | 16                                                                   | 17                                                               | 18                                                                   | 19                                                              | 20       |
|        | Enfamil Gentlease<br>Goldfish Crackers<br>Rice Cereal<br>Apples   | Enfamil Gentlease<br>Honey Nut Cheerios<br>Oatmeal Cereal<br>Prunes  | Enfamil Gentlease<br>Biter Biscuits<br>Rice Cereal<br>Bananas    | Enfamil Gentlease<br>Ritz Crackers<br>Oatmeal Cereal<br>Peaches      | Enfamil Gentlease<br>Arrowroot Biscuits<br>Rice Cereal<br>Pears |          |
| 21     | 22                                                                | 23                                                                   | 24                                                               | 25                                                                   | 26                                                              | 27       |
|        | Enfamil Gentlease<br>Teething Wafers<br>Oatmeal Cereal<br>Apples  | Enfamil Gentlease<br>Saltine Crackers<br>Rice Cereal<br>Prunes       | Enfamil Gentlease<br>Biter Biscuits<br>Oatmeal Cereal<br>Bananas | Christmas Holidays                                                   | Christmas Holidays                                              |          |
| 28     | 29                                                                | 30                                                                   |                                                                  |                                                                      |                                                                 |          |
|        | Enfamil Gentlease<br>Frosted Mini Wheats<br>Rice Cereal<br>Apples | Enfamil Gentlease<br>Goldfish Crackers<br>Oatmeal Cereal<br>Prunes   |                                                                  |                                                                      |                                                                 |          |

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## Dinner 6-11 months

Note: Substitutions may be used as necessary; cereal must be used to replace the meat component for infants that cannot eat baby food

| Sunday | Monday                                          | Tuesday                                      | Wednesday                                      | Thursday                                               | Friday                                               | Saturday |
|--------|-------------------------------------------------|----------------------------------------------|------------------------------------------------|--------------------------------------------------------|------------------------------------------------------|----------|
|        | 1                                               | 2                                            | 3                                              | 4                                                      | 5                                                    | 6        |
|        | Enfamil Gentlease<br>Beef w/ gravy<br>Carrots   | Enfamil Gentlease<br>Turkey w/gravy<br>Peas  | Enfamil Gentlease<br>Beef w/ gravy<br>Squash   | Enfamil Gentlease<br>Chicken w/gravy<br>Sweet Potatoes | Enfamil Gentlease<br>Beef w/ gravy<br>Green Beans    |          |
| 7      | 8                                               | 9                                            | 10                                             | 11                                                     | 12                                                   | 13       |
|        | Enfamil Gentlease<br>Turkey w/gravy<br>Carrots  | Enfamil Gentlease<br>Beef w/ gravy<br>Peas   | Enfamil Gentlease<br>Chicken w/gravy<br>Squash | Enfamil Gentlease<br>Beef w/ gravy<br>Sweet Potatoes   | Enfamil Gentlease<br>Turkey w/gravy<br>Green Beans   |          |
| 14     | 15                                              | 16                                           | 17                                             | 18                                                     | 19                                                   | 20       |
|        | Enfamil Gentlease<br>Beef w/ gravy<br>Carrots   | Enfamil Gentlease<br>Chicken w/gravy<br>Peas | Enfamil Gentlease<br>Beef w/ gravy<br>Squash   | Enfamil Gentlease<br>Turkey w/gravy<br>Sweet Potatoes  | Enfamil Gentlease<br>Chicken w/ gravy<br>Green Beans |          |
| 21     | 22                                              | 23                                           | 24                                             | 25                                                     | 26                                                   | 27       |
|        | Enfamil Gentlease<br>Chicken w/gravy<br>Carrots | Enfamil Gentlease<br>Beef w/ gravy<br>Peas   | Enfamil Gentlease<br>Turkey w/gravy<br>Squash  | Christmas Holidays                                     | Christmas Holidays                                   |          |
| 28     | 29                                              | 30                                           |                                                |                                                        |                                                      |          |
|        | Enfamil Gentlease<br>Beef w/ gravy<br>Carrots   | Enfamil Gentlease<br>Turkey w/gravy<br>Peas  |                                                |                                                        |                                                      |          |