

Jul-26

Breakfast 0-5 months

Note: Substitutions may be used as necessary; cereal must be used to replace the meat component for infants that cannot eat baby food

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Similac Advance Opt	Similac Advance Opt	Similac Advance Optigrow	
5	6	7	8	9	10	11
Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Optigrow	
12	13	14	15	16	17	18
Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Optigrow	
19	20	21	22	23	24	25
Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Optigrow	
26	27	28	29	30	31	
Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Optigrow	

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Lunch 0-5 Months

Note: Substitutions may be used as necessary; cereal must be used to replace the meat component for infants that cannot eat baby food

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Optigrow
5	6	7	8	9	10	11
Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Optigrow
12	13	14	15	16	17	18
Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Optigrow
19	20	21	22	23	24	25
Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Optigrow
26	27	28	29	30	31	
Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Optigrow

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Snack 0-5 months

Note: Substitutions may be used as necessary; cereal must be used to replace the meat component for infants that cannot eat baby food

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	grow
5	6	7	8	9	10	11
Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	grow
12	13	14	15	16	17	18
Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	grow
19	20	21	22	23	24	25
Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	grow
26	27	28	29	30	31	
Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	grow

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Dinner 0-5 months

Note: Substitutions may be used as necessary; cereal must be used to replace the meat component for infants that cannot eat baby food

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	grow
5	6	7	8	9	10	11
Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	grow
12	13	14	15	16	17	18
Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	grow
19	20	21	22	23	24	25
Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	grow
26	27	28	29	30	31	
Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	grow