Breakfast

Jul-26

WGR WGR French Toast Plineapple Tidbits © Milk WGR Pancakes Apricot Halives © Milk Diced Peaches © Milk WGR Life Cereal Diced Peaches © Milk Milk Milk Diced Peaches © Milk M	turday	
WGR French Toast Pineapple Tidbits © Milk WGR Life Cereal Diced Peaches © Milk Mil		
French Toast Pineapple Tidbits © Milk WGR Life Cereal Diced Peaches © Diced Peaches © Milk WGR Life Cereal Diced Peaches © Milk Milk WGR Honey Nut Cheerios Applesauce Milk WGR Pancakes Apricot Halves © Milk WGR Pancakes Apricot Halves © Milk Milk Milk Milk Milk Milk Milk Milk Diced Peaches © Milk Mi		
Pineapple Tidbits © Milk Pineapple Tidbits © Milk Milk Milk Milk		
Milk		
WGR Life Cereal Banana Bread Honey Nut Cheerios Applesauce Milk Wilk Wilk Wilk Wilk Wilk Wilk Wilk W		
WGR Life Cereal Diced Peaches © Pineapple Tidbits® Applesauce Milk Milk		
WGR Life Cereal Diced Peaches © Pineapple Tidbits® Applesauce Milk Milk		
Diced Peaches © Milk Milk Milk Milk Milk Milk Milk Milk		
Diced Peaches © Milk Milk Milk Milk Milk Milk Milk Milk		
Milk		
WGR Pancakes Apricot Halves © Mx. Berries Milk		
WGR Pancakes Apricot Halves © Mx. Berries Milk Pancakes Apricot Halves © Milk		
WGR Pancakes Apricot Halves © Mx. Berries Milk Milk Milk Scrambled Eggs w/bis Bagel w/cream cheese Pear Halves © Pear Halves © Milk Milk Milk Milk Milk Milk WGR Toasted Oats Fresh Strawberries Applesauce © Pear Halves © Milk Milk Milk Milk WGR Tortilla Milk Milk WGR Pear Halves © Wilk Milk WGR Pear Halves © Milk Milk WGR Pear Halves © Pear Halves © Pear Halves © Milk Milk Milk WGR Pear Halves © Pear Halves © Pear Halves © Milk Milk WGR Pear Halves © Pear Halves © Pear Halves © Pear Halves © Milk Milk WGR Pear Halves © Milk Milk WGR Pear Halves © Milk Milk WGR WGR WGR WGR WGR WGR WGR WG		
Pancakes Apricot Halves © Mx. Berries Milk Milk Milk Tortilla Milk M		
Apricot Halves © Mx. Berries Fresh Strawberries Applesauce © Pear Halves © Milk Tortilla Milk Milk Milk Milk Milk Milk Milk Milk		
Milk Milk Milk Tortilla Milk		
WGR Honey Nut Cheerios Peach Halves Scrambled Eggs Milk Milk Milk More More		
WGR Honey Nut Cheerios Biscuit w/butter French Toast Pancakes Bagel w/sausage patty Peach Halves Scrambled Eggs Pineapple Chunks Fruit Cocktail Diced Pears Milk Milk Milk WGR Pancakes Bagel w/sausage patty Diced Pears Milk Milk Milk Milk WGR Bagel w/sausage patty Diced Pears Milk Milk Milk Wilk WGR Bagel w/sausage patty Diced Pears Milk Milk Milk Wilk WGR WGR Bagel w/sausage patty Diced Pears Milk Milk Milk Wilk WGR WGR WGR WGR WGR WGR WGR WG		
WGR Honey Nut Cheerios Biscuit w/butter French Toast Pancakes Bagel w/sausage patty Peach Halves Scrambled Eggs Pineapple Chunks Fruit Cocktail Diced Pears Milk Milk Milk WGR Pancakes Bagel w/sausage patty Diced Pears Milk Milk Milk Milk WGR Bagel w/sausage patty Diced Pears Milk Milk Milk Wilk WGR Bagel w/sausage patty Diced Pears Milk Milk Milk WGR WGR Bagel w/sausage patty Diced Pears Milk Milk Milk Wilk WGR WGR WGR WGR WGR WGR WGR WG		
Peach Halves Scrambled Eggs Pineapple Chunks Fruit Cocktail Diced Pears Milk Milk Milk Milk Milk Diced Pears Wilk Milk Milk Milk Milk WGR		
Peach Halves Scrambled Eggs Pineapple Chunks © Fruit Cocktail © Diced Pears © Milk Milk Milk Milk Milk Milk Milk Milk		
Milk Apricot Halves © Milk Milk Milk Milk 26 27 28 29 30 31 WGR WGR WGR WGR		
26		
WGR WGR WGR		
WGR WGR WGR WGR		
French Toast Corn Flakes Pancakes Biscuits w/cheddar Scrambled Eggs		
Pear Halves © Pinapple Chunks © Apricot Halves © Fresh Apple Slices © Peach Halves ©		
Milk Milk Milk Milk Tortilla		

Lunch

Jul-26

Substitutions may be used as necessary.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			1	2	3	4	
				WGR			
			Cheese Burger	Spagetti w/ meat saud			
			Mx. Vegetables (A)	Cut Green Beans (A)			
			Orange Sections ©	Fruit Cocktail	Pineapple Chunks ©		
			Hamburger Buns	WG Sliced Bread	WG Sliced Bread		
			Milk	Milk	Milk		
5	(8	9	10	1	
	WGR	WGR	27-27-	W	WGR		
	Salisbury Steak	Chicken Patties	Hot Dogs w/cheese	Beef Tacos	Pepperoni Pizza (CN)		
	Green Beans (A)	Peas & Carrots (A)	Baked Beans	Lettuce & Tomato Sa	Mx. Vegetables (A)		
	Apricot Halves ©	Mixed Berries ©	Orange Slices ©	Applesauce	Pear Haives ©		
	WG Sliced Bread	WG Sliced Bread	Hot Dog Bun	Flour Tortilla	WG Sliced Bread		
	Milk	Milk	Milk	Milk	Milk		
12	1	3 14	15	16	17	1	
	1	WGR	WGR	1	WGR	20	
	Fish Fillet (CN)	Grilled Ham/Chees	Spaghetti w/meat sau	Bean & Cheese Taco	Chicken Quesadilla		
	Mashed Potatoes	Brocolli (A)	Garden Salad	Corn	Mx. Vegetables (A)		
	Bananas	Pineapple Cuts ©	Applesauce ©	Orange Slices ©	Diced Peaches ©		
	WGR Sliced Brea	d WG Sliced Bread	WG Sliced Bread	Flour Tortilla	WG Sliced Bread		
	Milk Milk Milk		Milk	Milk	Milk		
19	2	21	22	23	24	2	
A.	-	WGR	100	WGR	WGR		
	Soft Chicken Taci	Baked Parmesan Ch	ic Bean & Cheese Taco	Salisbury Steak	Chicken Nuggets		
	Garden Salad	Mx. Vegetavles (A)	Garden Salad	Mashed Potatoes	Cut Green Beans (A)		
	Pear Halves ©	Fruit Cocktail	Mixed Berries ©	Apricot Halves©	Orange Sections©		
	Flour Tortilla	WG Sliced Bread	Flour Tortilla	WG Sliced Bread	WG Sliced Bread		
	Milk	Milk	Milk	Milk	Milk		
26	2	7 28	29	30	31		
					WGR		
	Bar B Que Pork S	and Cheeseburgers	Hot Dogs w/cheese	Sloppy Joe	Grilled Ham & Swiss Cheese		
	Peas/Carrots (A)	Brocolli (A)			Green Beans (A)		
	Pear Haives ©	Banana/Strawberry @	Fresh Apple Slices ©	Apricot Halves©	Orange Sections®		
	Hamburger buns	Hamburger Bun	Hot Dog Bun	WG Sliced Bread	WG Sliced Bread		
	Milk	Milk	Milk	Milk	Milk		

Snack

Jul-26

Substitutions	may	be	used	as	necessary	ı.
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Sunday		Mond	Tue	sday	Wednesday	Thursday	Friday	Saturday	
			1	2	3	4			
*Trail Mix:						T Comment			
Marshmellows						Ritz Crackers	Carrot Sticks (A) w	/ Goldfish crackers	
Pretzels						Apricot Halves ©	Ranch Dressing	Diced Pineapple ©	
Chex rice, wi	heat and					Water	Diced Pears ©	Water	
Corn Cereal							Water		
Raisins								W	
	5		6		7	8	9	10	11
						The second secon	WGR	WGR	
		Breadsticks	w/	Yogurt w/fi	ruit	Graham Crackers	WGR Waffles	WGR Sun chips	
		Marinara Sa	uce	Mixed Berr	ries ©	Apricot Halves ©	Diced Pears ©	Cheddar Cheese	
		Fruit Cockta	il ©	Water		Water	Water	WW Toast	
		Water						Water	
	vvaler						- No. 111		-
	12		13		14	15	16	17	18
				WGR		WGR	WGR	7	
		Cinnamon Raisin Brea Trail Mix **			Ritz Crackers	WG Banana Muffir	s Sun Chips		
		Applesauce © Diced Peaches©			ches©	Pineapple Tidbits©	Pear Halves	100% Fruit Punch	
		Water		Water		Water	Water	Water	
	19		20		21	22	23	24	25
				WGR				WGR	
		Carrot Sticks	s w/ranch	Goldfish C	rackers	Cinnamon Raisin Bre	ea Yogurt w/fruit	Breadsticks w/	
		100% fruit P	unch	Fruit Cocktail ©		Applesauce ©	Mixed Berries ©	Marinara Sauce	
		Water		Water		Water	Water	Pineapple Tidbits ©	
								Water	
	26		27		28	29	30	31	
A 1 - 1 - 1		WGR WGR				11	WGR	WGR	
		Mini Bagels.	/cream	Goldfish Crackers		Jerky (CN)	Trail Mix **	Waffle	
		Apricot Halves ©		Diced Pears ©		Saltine Crackers	Applesauce ©	Pear Halves	
		Water		Water		Diced Peaches	Water	Water	
						Water			

Dinner

Jul-26

Substitutions may be used as necessary.

Sunday	Monday Tuesday				Wedne	esday	Thursday		Friday		Saturday	
		4				1		2		3		4
					Bar B Q Pork sand Baked French Fries Peach Halves © Hamburger bun Milk		Cheese Burger Mx. Vegetables Pear Halves © Hamburger Bun Milk		WGR Spaghetti w/ meat sauce Green Beans Tropical Fruit Salad © WG Sliced Bread Milk			
5		6		7		8		9		10		1:
	Beanie Weenies Corn Cuts Diced Pineapple © WG Sliced Bread Milk		WGR Salisbury Steak (CN) Green Beans (A) Apricot Halves © WG Sliced Bread Milk		WG Chicken Nuggets Peas & Carrots (A) Mixed Berries © WG Sliced Bread Milk		Hot Dog w/Cheese Baked Beans Orange Sections © Hot Dog Bun Milk		Beef Tacos Lettuce & Tomato (A) Applesauce © Flour Tortilla Milk			
12	, letter	13		14	10000	15		16		17		18
	WG				WG		WG					
	Sloppy Joes Mx. Vegetab Pear Halves WG Sliced B Milk	les (A) ©	Fish Fillet Mashed Potatoes Bananas WG Sliced Bread Milk		Brocolli (A) Pineapple Cuts © WG Sliced Bread Milk		Green Salad w/carrots Applesauce © WG Sliced Bread Milk		ots Corn Orange Slices © Flour Tortilla Milk			
19	MIRIC	20	THIUTS.	21	Teach C	22	A THICK	23		24	1 2	2
	Chicken Quesadilla Beef Taco Mx. Vegetables (A) Garden Salad Diced Peaches © Pear Halves © WG Sliced Bread Flour Tortilla Milk Milk		©	WG Baked Parm Chicken Mx. Vegetables (A) Mx. Fruit © WG Sliced Bread Milk		Bean & Cheese Taco Lettuce & Tomato Mixed Berries © Flour Tortilla Milk		WG o Salisbury Steak (CN) Mashed Potatoes Apricot Halves © WG Sliced Bread Milk				
26	1	27		28		29		30		31		
	WGR Chicken Nuggets (CN Bar B Que Pork Sand Green Beans (A) Peas & Carrots (A) Orange Sections © Pear Halves ©			Brocolli Cuts (A) C Banana/Straw F		Hot Dog w/Cheese Corn Fresh Apple Slices ©				-1		
	Milk	WG Sliced Bread Hamburger bun Milk Milk				Duli	Hot Dog bun Milk		WG Sliced Bread Milk			
	MITIN		WIIIK		Milk		IAIIIK		IANK			