

Aug-26

Breakfast 6-11 months

Note: Substitutions may be used as necessary; cereal must be used to replace the meat component for infants that cannot eat baby food

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	
	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Optigrow
	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal	
	Bananas	Peaches	Pears	Prunes	Apples	
9	10	11	12	13	14	15
	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Optigrow
	Rice Cereal	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal	Rice Cereal	
	Bananas	Peaches	Pears	Prunes	Apples	
16	17	18	19	20	21	22
	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Optigrow
	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal	
	Bananas	Peaches	Pears	Prunes	Apples	
23	24	25	26	27	28	29
	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Similac Advance Opt	Optigrow
	Rice Cereal	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal	Rice Cereal	
	Bananas	Peaches	Pears	Prunes	Apples	
30	31					
	Similac Advance Opt					
	Optigrow					
	Oatmeal Cereal					
	Bananas					

Aug-26

Lunch 6-11 Months

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
	Similac Advance Opt Chicken w/gravy Sweet Potatoes	Similac Advance Opt Beef w/ gravy Green Beans	Similac Advance Opt Turkey w/ gravy Carrots	Similac Advance Opt Beef w/ gravy Peas	Similac Advance Optigrow Chicken w/gravy Squash	
9	10	11	12	13	14	15
	Similac Advance Opt Beef w/ gravy Sweet Potatoes	Similac Advance Opt Turkey w/ gravy Green Beans	Similac Advance Opt Beef w/ gravy Carrots	Similac Advance Opt Chicken w/gravy Peas	Similac Advance Optigrow Turkey w/ gravy Squash	
16	17	18	19	20	21	22
	Similac Advance Opt Turkey w/ gravy Sweet Potatoes	Similac Advance Opt Beef w/ gravy Green Beans	Similac Advance Opt Chicken w/gravy Carrots	Similac Advance Opt Beef w/ gravy Peas	Similac Advance Optigrow Turkey w/ gravy Squash	
23	24	25	26	27	28	29
	Similac Advance Opt Turkey w/ gravy Sweet Potatoes	Similac Advance Opt Chicken w/gravy Green Beans	Similac Advance Opt Beef w/ gravy Carrots	Similac Advance Opt Turkey w/ gravy Peas	Similac Advance Optigrow Chicken w/ gravy Squash	
30	31					
	Similac Advance Optigrow Chicken w/gravy Sweet Potatoes					

Aug-26

Snack 6-11 months

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
	Similac Advance Opt Goldfish Crackers Rice Cereal Apples	Similac Advance Opt Frosted Mini Wheats Oatmeal Cereal Prunes	Similac Advance Opt Biter Biscuits Rice Cereal Bananas	Similac Advance Opt Honey Nut Cheerios Oatmeal Cereal Peaches	Similac Advance Opt Arrowroot Biscuits Rice Cereal Pears	Similac Advance Opt Optigrow
9	10	11	12	13	14	15
	Similac Advance Opt Saltine Crackers Oatmeal Cereal Apples	Similac Advance Opt Honey Nut Cheerios Rice Cereal Prunes	Similac Advance Opt Biter Biscuits Oatmeal Cereal Bananas	Similac Advance Opt Goldfish Crackers Rice Cereal Peaches	Similac Advance Opt Frosted Mini Wheats Oatmeal Pears	Similac Advance Opt Optigrow
16	17	18	19	20	21	22
	Similac Advance Opt Goldfish Crackers Rice Cereal Apples	Similac Advance Opt Honey Nut Cheerios Oatmeal Cereal Prunes	Similac Advance Opt Biter Biscuits Rice Cereal Bananas	Similac Advance Opt Ritz Crackers Oatmeal Cereal Peaches	Similac Advance Opt Arrowroot Biscuits Rice Cereal Pears	Similac Advance Opt Optigrow
23	24	25	26	27	28	29
	Similac Advance Opt Teething Wafers Oatmeal Cereal Apples	Similac Advance Opt Saltine Crackers Rice Cereal Prunes	Similac Advance Opt Biter Biscuits Oatmeal Cereal Bananas	Similac Advance Opt Goldfish Crackers Rice Cereal Peaches	Similac Advance Opt Honey Nut Cheerios Oatmeal Cereal Pears	Similac Advance Opt Optigrow
30	31					
	Similac Advance Opt Optigrow Frosted Mini Wheats Rice Cereal Apples					

Aug-26

Dinner 6-11 months

Note: Substitutions may be used as necessary; cereal must be used to replace the meat component for infants that cannot eat baby food

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
	Similac Advance Opt Beef w/ gravy Carrots	Similac Advance Opt Turkey w/gravy Peas	Similac Advance Opt Beef w/ gravy Squash	Similac Advance Opt Chicken w/gravy Sweet Potatoes	Similac Advance Optigrow Beef w/ gravy Green Beans	
9	10	11	12	13	14	15
	Similac Advance Opt Turkey w/gravy Carrots	Similac Advance Opt Beef w/ gravy Peas	Similac Advance Opt Chicken w/gravy Squash	Similac Advance Opt Beef w/ gravy Sweet Potatoes	Similac Advance Optigrow Turkey w/gravy Green Beans	
16	17	18	19	20	21	22
	Similac Advance Opt Beef w/ gravy Carrots	Similac Advance Opt Chicken w/gravy Peas	Similac Advance Opt Beef w/ gravy Squash	Similac Advance Opt Turkey w/gravy Sweet Potatoes	Similac Advance Optigrow Chicken w/ gravy Green Beans	
23	24	25	26	27	28	29
	Similac Advance Opt Chicken w/gravy Carrots	Similac Advance Opt Beef w/ gravy Peas	Similac Advance Opt Turkey w/gravy Squash	Similac Advance Opt Beef w/ gravy Sweet Potatoes	Similac Advance Optigrow Chicken w/gravy Green Beans	
30	31					
	Similac Advance Optigrow Beef w/ gravy Carrots					