

Breakfast

Sep-26

Substitutions may be used as necessary.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Frosted Mini Wheats Applesauce © Milk	WGR French Toast Pineapple Tidbits © Milk	WGR Pancakes Apricot Halves © Milk	Scrambled Eggs Diced Peaches © Tortilla Milk	
6	7	8	9	10	11	12
	WGR Life Cereal Diced Peaches © Milk	Banana Bread Pineapple Tidbits© WG Sliced Bread Milk	WGR Honey Nut Cheerios Applesauce Milk	Biscuits w/ham Fruit Cocktail © Milk	WGR Waffles Pear Halves © Milk	
13	14	15	16	17	18	19
	WGR Pancakes Apricot Halves © Milk	French Toast Sticks Bannanas & Berries© Milk	WGR Toasted Oats Fresh Strawberries Milk	Scrambled Eggs w/bis Applesauce © Tortilla Milk	WGR Bagel w/cream cheese Pear Halves © Milk	
20	21	22	23	24	25	26
	WGR Honey Nut Cheerios Peach Halves Milk	Biscuit w/butter Scrambled Eggs Apricot Halves © Milk	French Toast Pineapple Tidbits © Milk	WGR Pancakes Fruit Cocktail © Milk	WGR Bagel w/sausage patty Diced Pears © Milk	
27	28	29	30			
	WGR French Toast Pear Halves © Milk	WGR Corn Flakes Diced Pineapple © Milk	WGR Pancakes Apricot Halves © Milk			

Sep-26

Substitutions may be used as necessary.

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Bar B Que Pork Baked French Fries Peach Halves © Hamburger Bun Milk	Cheese Burger Mx. Vegetables (A) Orange Sections © Hamburger Buns Milk	WGR Spagetti w/ meat sauce Cut Green Beans (A) Fruit Cocktail WG Sliced Bread Milk	Beanie Weenies Corn Cuts Diced Pineapples © WG Sliced Bread Milk	
6	7	8	9	10	11	12
	WGR Salisbury Steak Green Beans (A) Apricot Halves © WG Sliced Bread Milk	WGR Chicken Patties Peas & Carrots (A) Mixed Berries © WG Sliced Bread Milk	Hot Dogs w/cheese Baked Beans Orange Slices © Hot Dog Bun Milk	Beef Tacos Lettuce & Tomato Salad Applesauce Flour Tortilla Milk	WGR Pepperoni Pizza (CN) Mx. Vegetables (A) Pear Halves © WG Sliced Bread Milk	
13	14	15	16	17	18	19
	Fish Fillet (CN) Mashed Potatoes Bananas Milk	WGR Grilled Ham/Cheese Broccoli (A) Pineapple Cuts © WG Sliced Bread Milk	WGR Chicken Alfredo Garden Salad Applesauce © WG Sliced Bread Milk	Bean & Cheese Taco Corn Orange Slices © Flour Tortilla Milk	WGR Chicken Quesadilla Mx. Vegetables (A) Diced Peaches © WG Sliced Bread Milk	
20	21	22	23	24	25	26
	Soft Chicken Taco Garden Salad Pear Halves © Flour Tortilla Milk	WGR Baked Parmesan Chicken Mx. Vegetables (A) Mx. Fruit © WG Sliced Bread Milk	Bean & Cheese Taco Lettuce & Tomato Mixed Berries © Flour Tortilla Milk	WGR Salisbury Steak Mashed Potatoes Apricot Halves © WG Sliced Bread Milk	WGR Chicken Nuggets Cut Green Beans (A) Orange Sections © WG Sliced Bread Milk	
27	28	29	30			
	Bar B Que Pork Sandwich Peas/Carrots (A) Pears Hamburger buns Milk	Cheeseburgers Broccoli (A) Banana/Strawberry © Hamburger Bun Milk	Hot Dogs w/cheese Corn Fresh Apple Slices © Hot Dog Bun Milk			

Snack

Sep-26

Substitutions may be used as necessary.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
**Trail Mix: Marshmallows Pretzels Chex rice, wheat and Corn Cereal Raisins		WGR Mini Bagels w/ Cream Cheese Diced Peaches© Water	Ritz Crackers Apricot Halves © Water	Carrot Sticks (A) w/ Ranch Dressing Diced Pears © Water	Goldfish crackers Diced Pineapple © Water	
6	7	8	9	10	11	12
	Breadsticks w/ Marinara Sauce Fruit Cocktail © Water	Yogurt w/fruit Mixed Berries © Water	Graham Crackers Apricot Halves © Water	WGR WGR Waffles Diced Pears © Water	WGR WGR Sun chips Cheddar Cheese WW Toast Water	
13	14	15	16	17	18	19
	Cinnamon Raisin Brea Applesauce © Water	WGR Trail Mix ** Diced Peaches© Water	WGR Ritz Crackers Pineapple Tidbits© Water	WGR WG Banana Muffins Pear Halves Water	Sun Chips 100% Fruit Punch Water	
20	21	22	23	24	25	26
	Carrot Sticks w/ranch 100% fruit Punch Water	WGR Goldfish Crackers Fruit Cocktail © Water	Cinnamon Raisin Brea Applesauce © Water	Yogurt w/fruit Mixed Berries © Water	WGR Breadsticks w/ Marinara Sauce Pineapple Tidbits © Water	
27	28	29	30			
	WGR Mini Bagels /cream Apricot Halves © Water	WGR Goldfish Crackers Diced Pears © Water	Jerky (CN) Saltine Crackers Diced Peaches Water			