

Sep-26

Breakfast 6-11 months

Note: Substitutions may be used as necessary; cereal must be used to replace the meat component for infants that cannot eat baby food

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Similac Advance Opt Rice Cereal Peaches	Similac Advance Opt Oatmeal Cereal Pears	Similac Advance Opt Rice Cereal Prunes	Similac Advance Opt Oatmeal Cereal Apples	Optigrow
6	7	8	9	10	11	12
	Similac Advance Opt Rice Cereal Bananas	Similac Advance Opt Oatmeal Cereal Peaches	Similac Advance Opt Rice Cereal Pears	Similac Advance Opt Oatmeal Cereal Prunes	Similac Advance Opt Rice Cereal Apples	Optigrow
13	14	15	16	17	18	19
	Similac Advance Opt Oatmeal Cereal Bananas	Similac Advance Opt Rice Cereal Peaches	Similac Advance Opt Oatmeal Cereal Pears	Similac Advance Opt Rice Cereal Prunes	Similac Advance Opt Oatmeal Cereal Apples	Optigrow
20	21	22	23	24	25	26
	Similac Advance Opt Rice Cereal Bananas	Similac Advance Opt Oatmeal Cereal Peaches	Similac Advance Opt Rice Cereal Pears	Similac Advance Opt Oatmeal Cereal Prunes	Similac Advance Opt Rice Cereal Apples	Optigrow
27	28	29	30			
	Similac Advance Opt Oatmeal Cereal Bananas	Similac Advance Opt Rice Cereal Peaches	Similac Advance Opt Oatmeal Cereal Peaches	Optigrow		

Sep-26

Lunch 6-11 Months

Note: Substitutions may be used as necessary; cereal must be used to replace the meat component for infants that cannot eat baby food

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Similac Advance Opt Beef w/ gravy Green Beans	Similac Advance Opt Turkey w/ gravy Carrots	Similac Advance Opt Beef w/ gravy Peas	Similac Advance Opt Chicken w/gravy Squash	Optigrow
6	7	8	9	10	11	12
	Similac Advance Opt Beef w/ gravy Sweet Potatoes	Similac Advance Opt Turkey w/ gravy Green Beans	Similac Advance Opt Beef w/ gravy Carrots	Similac Advance Opt Chicken w/gravy Peas	Similac Advance Opt Turkey w/ gravy Squash	Optigrow
13	14	15	16	17	18	19
	Similac Advance Opt Turkey w/ gravy Sweet Potatoes	Similac Advance Opt Beef w/ gravy Green Beans	Similac Advance Opt Chicken w/gravy Carrots	Similac Advance Opt Beef w/ gravy Peas	Similac Advance Opt Turkey w/ gravy Squash	Optigrow
20	21	22	23	24	25	26
	Similac Advance Opt Turkey w/ gravy Sweet Potatoes	Similac Advance Opt Chicken w/gravy Green Beans	Similac Advance Opt Beef w/ gravy Carrots	Similac Advance Opt Turkey w/ gravy Peas	Similac Advance Opt Chicken w/ gravy Squash	Optigrow
27	28	29	30			
	Similac Advance Opt Chicken w/gravy Sweet Potatoes	Similac Advance Opt Beef w/ gravy Green Beans	Similac Advance Opt Turkey w/ gravy Peas	Optigrow		

Sep-26

Snack 6-11 months

Note: Substitutions may be used as necessary; cereal must be used to replace the meat component for infants that cannot eat baby food

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Similac Advance Opt Frosted Mini Wheats Oatmeal Cereal Prunes	Similac Advance Opt Biter Biscuits Rice Cereal Bananas	Similac Advance Opt Honey Nut Cheerios Oatmeal Cereal Peaches	Similac Advance Opt Arrowroot Biscuits Rice Cereal Pears	Similac Advance Opt Optigrow
6	7	8	9	10	11	12
	Similac Advance Opt Saltine Crackers Oatmeal Cereal Apples	Similac Advance Opt Honey Nut Cheerios Rice Cereal Prunes	Similac Advance Opt Biter Biscuits Oatmeal Cereal Bananas	Similac Advance Opt Goldfish Crackers Rice Cereal Peaches	Similac Advance Opt Optigrow Frosted Mini Wheats Oatmeal Pears	
13	14	15	16	17	18	19
	Similac Advance Opt Goldfish Crackers Rice Cereal Apples	Similac Advance Opt Honey Nut Cheerios Oatmeal Cereal Prunes	Similac Advance Opt Biter Biscuits Rice Cereal Bananas	Similac Advance Opt Ritz Crackers Oatmeal Cereal Peaches	Similac Advance Opt Optigrow Arrowroot Biscuits Rice Cereal Pears	
20	21	22	23	24	25	26
	Similac Advance Opt Teething Wafers Oatmeal Cereal Apples	Similac Advance Opt Saltine Crackers Rice Cereal Prunes	Similac Advance Opt Biter Biscuits Oatmeal Cereal Bananas	Similac Advance Opt Goldfish Crackers Rice Cereal Peaches	Similac Advance Opt Optigrow Honey Nut Cheerios Oatmeal Cereal Pears	
27	28	29	30			
	Similac Advance Opt Frosted Mini Wheats Rice Cereal Apples	Similac Advance Opt Goldfish Crackers Oatmeal Cereal Prunes	Similac Advance Opt Optigrow Biter Biscuits Oatmeal Cereal Bananas			

Sep-26

Dinner 6-11 months

Note: Substitutions may be used as necessary; cereal must be used to replace the meat component for infants that cannot eat baby food

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Similac Advance Opt Turkey w/gravy Peas	Similac Advance Opt Beef w/ gravy Squash	Similac Advance Opt Chicken w/gravy Sweet Potatoes	Similac Advance Opt Beef w/ gravy Green Beans	Similac Advance Opt igrow
6	7	8	9	10	11	12
	Similac Advance Opt Turkey w/gravy Carrots	Similac Advance Opt Beef w/ gravy Peas	Similac Advance Opt Chicken w/gravy Squash	Similac Advance Opt Beef w/ gravy Sweet Potatoes	Similac Advance Opt Turkey w/gravy Green Beans	Similac Advance Opt igrow
13	14	15	16	17	18	19
	Similac Advance Opt Beef w/ gravy Carrots	Similac Advance Opt Chicken w/gravy Peas	Similac Advance Opt Beef w/ gravy Squash	Similac Advance Opt Turkey w/gravy Sweet Potatoes	Similac Advance Opt Chicken w/ gravy Green Beans	Similac Advance Opt igrow
20	21	22	23	24	25	26
	Similac Advance Opt Chicken w/gravy Carrots	Similac Advance Opt Beef w/ gravy Peas	Similac Advance Opt Turkey w/gravy Squash	Similac Advance Opt Beef w/ gravy Sweet Potatoes	Similac Advance Opt Chicken w/gravy Green Beans	Similac Advance Opt igrow
27	28	29	30			
	Similac Advance Opt Beef w/ gravy Carrots	Similac Advance Opt Turkey w/gravy Peas	Similac Advance Opt Beef w/ gravy Sweet Potatoes	Similac Advance Opt igrow		